

THE OFFICIAL NEWSLETTER

For Projects Abroad Mexico 



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EDITORIAL



2014 is now over and we welcome 2015! At Projects Abroad Mexico we are fresh and ready to begin a new year which we know will bring a lot of new opportunities to help others.

While our local Mexican team is doing their best to provide you with the best of experiences, it is in fact our volunteers who are the ones making the difference. Whether you plan to attend a Sports, Teaching or Care project, be sure you will have all you need for you to be able to work your best and offer the best of you. The team here will provide you with support 24 hours a day, 7 days a week and you will live with a lovely local family.

And now that I mentioned it, why don't you take a look at a story about [family Tolentino Herrera and their experience of living with people from abroad](#).

In this newsletter you will find an update about one of our projects, the story of one of our last volunteers in a Medical project and a piece on the historic center of Guadalajara, Mexico.

I hope you enjoy!

Juan Miguel Ruiz Flores
Communications Officer
Projects Abroad Mexico



PROJECT UPDATES

Projects Abroad Mexico donates school uniforms to the children of Niños y Adolescentes en Armonía

On the 12th of January Projects Abroad Mexico gave a special donation to the children living and studying at Niños y Adolescentes en Armonía, an institution dedicated to providing educational opportunities to children and teenagers living in harsh conditions and whose families struggle to make ends meet.

25 uniforms were provided in total for the children who live in the house of the school under the care and supervision of local staff. Juana María Herrera Mendoza (coordinator of the boarding school) mentioned to us how important this gesture. With new uniforms, the children will feel more motivated to keep doing their best: "The uniforms the children currently have were already old and some had small holes. We don't have the resources now to attend to this need which is why this donation is so important for the school and for the children".

Jonatán Torres (teaching, care and sports projects coordinator) said that the work done at Niños y Adolescentes is crucial for the development of our childhood: "The whole staff is very committed to what they do and you can see it in the happy faces of the children".

2014 was our first year working with this NGO. From May until December, 20 volunteers from Projects Abroad donated their time and effort to help the children of this institution.



VOLUNTEER STORIES

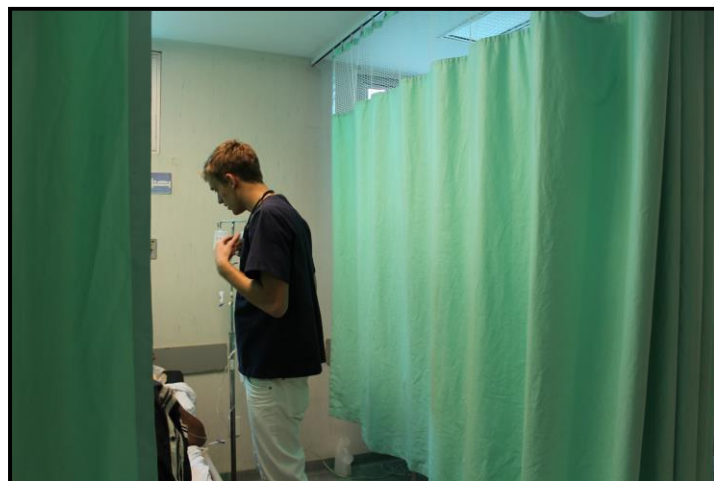
Charming and bright: Jakob Ernst at Cruz Verde Delgadillo Araujo

Meet German intern Jakob Ernst (19). He is a charming young man with a bright future in the medical field ahead of him. Responsible, well-mannered and easy-going, that's how his former team at Cruz Verde Delgadillo Araujo remembers him after his experience in Mexico from September until December of last year.

"At this hospital I am allowed to gain a lot of experience. I can attend and observe surgeries and sometimes help under the supervision of the medical team" says Jakob who has had the chance to see different aspects of the medical field, mainly the work done at the emergency room.

Dr. José Luis Balderas Ramirez is the person responsible for the coordination of local and international interns. He dearly remembers Jakob as a person who is open to different cultures and is always smiling. Dr. Balderas has no doubt that Jakob will one day become a professional in the medicine field and further comments that: "Jakob will always find the doors of this hospital open for when he chooses to return".

After his experience at the hospital, Jakob is now sure that he wants to pursue a career in the medical field: "After this experience, I am sure I want to become a doctor and then become a surgeon".



Country update

The historic center of Guadalajara a place you have to see

The historic center of Guadalajara was built along the foundation of the city by the Spanish conquistadores in 1542. Since then, the center has undergone various renovation and restoration works which have included the conservation of some of the original buildings built by the Spanish but also the demolition of others to give way to wider avenues and other more functional buildings.

The historic center and its changing face is the perfect place for those coming from abroad to experience authentic Mexican culture and life style. Unlike other more touristic places in the country, the center of Guadalajara is not only built for tourists to enjoy but also for locals thanks to its commercial streets, museums, theaters and restaurants.

If you are planning to visit Guadalajara with Projects Abroad, during your first day we will take you on a tour around the center of the city. So bring your camera, comfortable sneakers and a cap, because this will be your first encounter with a country that has a lot to offer for those who dare explore it!

